



# Donna Healey

## SUPPORT WORKER

Little things make big things happen.

### MY BACKGROUND

- Level 3 Health and well-being Support Worker
- Level 4 Health and well-being Support Worker
- Health and Safety Representative
- Level 1 Te Reo
- 8 Years in Disability sector
- Mental health awareness, working with challenging behavior, trauma awareness.
- Risk assessment, Hazard notification.
- Single mum to two now adult Sons.

### I LOVE....

- |                       |              |
|-----------------------|--------------|
| • My kids             | • Tattoos    |
| • Hiking              | • New Places |
| • Two German Shepards | • Whānau     |

### THE ESSENTIAL QUESTIONS!

**Question: If you could have a super power what would it be?**

To cure cancer

**Question: If you could live anywhere else in the world where would you live?**

Off the grid, where there's lots of trees and a river or lake, probably in the South Island of NZ as I have never been there.

**Question: What is your favourite thing about people?**

That we are all different, no two are the same therefore our approach can never be the same.

**Question: What is the funniest thing you have ever seen?**

I enjoy good comedy movies, anything with Melissa McCarthy, Spy is probably my favorite, Heat and Identity thief are all great for a giggle.



**MINDFULL SUPPORT**  
GOOD PEOPLE. POSITIVE SUPPORT