



Rebecca McGrath

SUPPORT WORKER

“Ehara taku toa i te toa takitahi, engari kē he toa takitini.”

THE ESSENTIAL QUESTIONS!

Question: If you could have a super power what would it be?

- To be able to read people's minds!

Question: If you could live anywhere else in the world where would you live?

- Edinburgh, Scotland

Question: What is your favourite thing about people?

- The way we are wired for love and belonging – and no matter how challenging life is, the way we are able to find humour and compassion in the middle of it all!

Question: What is the funniest thing you have ever seen?

- I once saw someone lie on the ground, under a desk and begin doing pull ups from underneath the desk, while reading a book. Because his focus shifted on the page, he lost track of where the desk was and did a massive face plant into the desk completley by mistake. Was hilarious to watch...especially as he looked so confused as to how it happened in the first place!



MINDFULL SUPPORT
GOOD PEOPLE. POSITIVE SUPPORT