



# Matthew Leaf

## SUPPORT WORKER

"The more we value things outside our control, the less control we have."

### MY BACKGROUND

- Diploma in Coexisting Problems
- Post Grad Diploma in Mental Health and Addictions Counselling
- Teacher Aid in Opotiki
- Youth Worker for Iwi Organisations
- Mental Health and Addiction Clinician

### I LOVE....

- Gym
- Hanging with mates
- Sports
- Beach / water
- Movies
- Hanging out with my daughter

### THE ESSENTIAL QUESTIONS!

**Question: If you could have a super power what would it be?**

- Teleport

**Question: If you could live anywhere else in the world where would you live?**

- Opotiki

**Question: What is your favourite thing about people?**

- That they can make people laugh

**Question: What is the funniest thing you have ever seen?**

- My brothers making jokes



**MINDFULL SUPPORT**  
GOOD PEOPLE. POSITIVE SUPPORT