



Matthew Leaf

SUPPORT WORKER

"The more we value things outside our control, the less control we have."

THE ESSENTIAL QUESTIONS!

MY BACKGROUND

- Diploma in Coexisting Problems
- Post Grad Diploma in Mental Health and Addictions Counselling
- Teacher Aid in Opotiki
- Youth Worker for Iwi Organisations
- Mental Health and Addiction Clinician

I LOVE....

• Gym	• Hanging with mates
• Sports	• Beach / water
• Movies	• Hanging out with my daughter

Question: If you could have a super power what would it be?

- Teleport

Question: If you could live anywhere else in the world where would you live?

- Opotiki

Question: What is your favourite thing about people?

- That they can make people laugh

Question: What is the funniest thing you have ever seen?

- My brothers making jokes



MINDFULL SUPPORT
GOOD PEOPLE. POSITIVE SUPPORT