



MY BACKGROUND

- I hold a Level 2 Certificate in Health and Well Being.
- I've been doing support work for some time now and it's been one of the best fields of work I've been in.
- Before support work I was a chef's apprentice. I still enjoy cooking and I also enjoy sharing and teaching others the skills I learnt in that time.

I LOVE....

| | |
|--------------------|---------------------------------|
| • Cooking | • Gaming |
| • Hiking | • Listening to music |
| • Going to the gym | • Spending time with my partner |

Lewis

SUPPORT WORKER

"Stand up and walk. Keep moving forward."

THE ESSENTIAL QUESTIONS!

Question: If you could have a super power what would it be?

- To be able to speak and understand any language.

Question: If you could live anywhere else in the world where would you live?

- If I could live anywhere else in the world it would be somewhere in the countryside.

Question: What is your favourite thing about people?

- The depth of human kindness, that no matter how terrible things can be, people can still be kind

Question: What is the funniest thing you have ever seen?

- It would have to be my favourite movie!



MINDFULL SUPPORT
GOOD PEOPLE. POSITIVE SUPPORT