



Mark Jones

SUPPORT WORKER

"It is not the mountain we conquer, but ourselves"

Sir Edmund Hillary

MY BACKGROUND

- Bachelor of Computing and Mathematical Science.
- First Aid Certificate.
- I love tech, phones, computers and applications. I'm an avid skier and I really enjoy trail running and going up mountains and I find this space balances my mental health needs. I'm very family oriented and love activities with my wife and kids. I also have 8 Children including ADHD, (mild) autism, and a Type 1 Diabetic.

I LOVE....

- Trail running
- Skiing
- Family time
- Outdoor activities
- Anything techy
- My kids

THE ESSENTIAL QUESTIONS!

Question: If you could have a super power what would it be?

- I'd love to have Good luck as a super power.

Question: If you could live anywhere else in the world where would you live?

- Right here! We really do live in the land of paradise.

Question: What is your favourite thing about people?

- love that others teach me so much, so often.

Question: What is the funniest thing you have ever seen?

- I love Pixar movies. I enjoy their creative jokes which are aimed at adults while blending into a kids story line – both audiences get different rewarding experiences from the same bits.



MINDFULL SUPPORT
GOOD PEOPLE. POSITIVE SUPPORT