



Jess Sulzberger

SUPPORT WORKER

A flower does not think of competing with the flower next to it...it just blooms 

MY BACKGROUND

- Health and wellbeing level 3
- BILD Positive behavior support
- Hoarding home solutions

I bring over five years of experience in the healthcare sector, with a strong background in both residential care and in-home support. My work has primarily involved supporting individuals with physical disabilities, including those who are wheelchair-bound, ensuring their day-to-day needs are met with compassion, dignity, and professionalism.

I LOVE....

• My Whanau	• Helping Others
• Cooking	• Animals
• Family Outings	• Nature

THE ESSENTIAL QUESTIONS!

Question: If you could have a super power what would it be?

Helping one person might not change the whole world, but it could change the world for one person.

Question: If you could live anywhere else in the world where would you live?

Empathic Transformation – the ability to feel what others are going through and instantly create the environment or support they need to heal, grow, or thrive.

Question: What is your favourite thing about people?

On a tropical island

Question: What is the funniest thing you have ever seen?

That we are all unique and quirky in our own way and have our own story



MINDFULL SUPPORT
GOOD PEOPLE. POSITIVE SUPPORT