



Annericke Leonard

SUPPORT WORKER

"Everything can be taken from a man but one thing: the last of the human freedoms-to choose one's attitude in any given set of circumstances, to choose one's own way."

Viktor E. Frankl

MY BACKGROUND

- Masters of Health Science Psychology (thesis was about using surf therapy as a means to reach and support at-risk youth)
- Youth Clinician at Live For More
- Teacher Aide at Wellington Girls College
- Research at Auckland University of Technology
- Youth Pastor at Afrikaans Christian Church of NZ

I LOVE....

• Writing	• Saunas
• Reading Fantasy novels	• Rain
• Working out	• Providing Counselling

THE ESSENTIAL QUESTIONS!

Question: If you could have a super power what would it be?

To control time!

Question: If you could live anywhere else in the world where would you live?

The Night Court. But if it had to be on Earth... Africa.

Question: What is your favourite thing about people?

Compassion, altruism, creativity, forgiveness, resilience.

Question: What is the funniest thing you have ever seen?

Myself, trying to surf!



MINDFULL SUPPORT
GOOD PEOPLE. POSITIVE SUPPORT