



## MY BACKGROUND

- Masters of Health Science Psychology (thesis was about using surf therapy as a means to reach and support at-risk youth)
- Youth Clinician at Live For More
- Teacher Aide at Wellington Girls College
- Research at Auckland University of Technology
- Youth Pastor at Afrikaans Christian Church of NZ

## I LOVE....

- |                          |                         |
|--------------------------|-------------------------|
| • Writing                | • Saunas                |
| • Reading Fantasy novels | • Rain                  |
| • Working out            | • Providing Counselling |

# Annericke Leonard

## SUPPORT WORKER

"Everything can be taken from a man but one thing: the last of the human freedoms—to choose one's attitude in any given set of circumstances, to choose one's own way."

Viktor E. Frankl

## THE ESSENTIAL QUESTIONS!

**Question: If you could have a super power what would it be?**

To control time!

**Question: If you could live anywhere else in the world where would you live?**

The Night Court. But if it had to be on Earth... Africa.

**Question: What is your favourite thing about people?**

Compassion, altruism, creativity, forgiveness, resilience.

**Question: What is the funniest thing you have ever seen?**

Myself, trying to surf!



**MINDFULL SUPPORT**  
GOOD PEOPLE. POSITIVE SUPPORT