



## MY BACKGROUND

- Youth Work
- Māori Mental Health and Addiction
- I love to laugh, have fun, and build meaningful connections, but I also value hard work and being fully present when it counts. I spend a lot of time in the moana, surfing and diving to keep myself tau. One of my greatest joys is sharing that space with tamariki. I'm passionate about supporting them to connect with the taiao as a pathway to wellbeing and as a powerful, positive way to reset and decompress

## I LOVE....

• Surfing	• Eeling
• Diving	• Kaimoana
• Barefoot on the whēnua	• Kaitahi with whānau

# Amaria Abraham

## SUPPORT WORKER

Ka tipu te rākau i tōna ake wāhi. Ka tipu te tamaiti i te ao e manaaki ana i a ia

The tree grows strong where it is nurtured. So too does the child thrive in a world that cares for them

### THE ESSENTIAL QUESTIONS!

#### Question: If you could have a super power what would it be?

The ability to breath under water would be so cool

#### Question: If you could live anywhere else in the world where would you live?

I love living in Aotearoa too much to live anywhere else

#### Question: What is your favourite thing about people?

Everyone has their own unique story and hīkoi. The things people face are truly remarkable, how they adapt, overcome, and grow is inspiring. We show incredible resilience, and I value the manaaki and aroha shared with others

#### Question: What is the funniest thing you have ever seen?

Definitely when my nieces and nephews dress my dog up in their clothes



**MINDFULL SUPPORT**  
GOOD PEOPLE. POSITIVE SUPPORT