



# Sarah Ross

## SUPPORT WORKER

"Enjoy the small things as one day you will realise, they were the big things."

Kurt Vonnegut

### MY BACKGROUND

- I hold a certificate in Adult & Tertiary Teaching Level 4.
- I am a Mum of one Son who is 26 years old and my husband and I have been married for 20 years. I love to try new things adventurey things, kayaking, walks, bike trails, abseiling. I will say yes to anything and give it a go. I also love concerts, and I turn into a rock star at them with my singing and dancing. Did respite care for 20 odd years with special needs kids and took them on so many adventures was just the best.

### I LOVE....

• My whānau	• Biking
• Travel	• Friends
• Adventures	• Nature

### THE ESSENTIAL QUESTIONS!

**Question: If you could have a super power what would it be?**

- To be able to take peoples medical and emotional pain away so everyone was happy AND flying.

**Question: If you could live anywhere else in the world where would you live?**

- Santorini for a year, then Venice and then France.

**Question: What is your favourite thing about people?**

- That we are all different and that we all cross paths for a reason.

**Question: What is the funniest thing you have ever seen?**

- I love watching Mrs Brown's Boys live.



**MINDFULL SUPPORT**  
GOOD PEOPLE. POSITIVE SUPPORT