



# Grace Habershon

## SUPPORT WORKER

"Believe you can, and you're halfway there."

### MY BACKGROUND

- Bachelor of Teaching (E.C.E)
- Certificate in Support Work and Mental Health
- Certificate in Horticulture
- Teacher at preschools around Tamaki Makaurau.
- 2 years with the Anglican Trust for Women and Children
- Lived experience
- Worked in mental health respite & 24/7 residential care placements, supporting adult whaiora in their wellbeing goals.
- Currently, Im on a daily mission to keep improving my own health,

### I LOVE

- Pets
- Reading
- Watching a good movie series
- Outdoors
- Being Creative
- Music

### THE ESSENTIAL QUESTIONS!

**Question: If you could have a super power what would it be?**

Teleportation, of course. Then I could go anywhere in the world I wanted. Or appear out of nowhere and give my friends and family a fright 😬

**Question: If you could live anywhere else in the world where would you live?**

Anywhere with trees and mountains.

**Question: What is your favourite thing about people?**

Everyone is unique and have their own story and strengths.

**Question: What is the funniest thing you have ever seen?**

My daughter makes me laugh with something new every day. Other than that, my dog doing crazy zoomies.