

# Pou Tongia-Gill

## SUPPORT WORKER

"Be yourself, everyone else is taken."



### MY BACKGROUND

- I hold a Bachelor of Science as well as training in First Aid and Crisis Prevention Institute (CPI).
- I have worked within Adult Mental Health as well as supporting a young Wahine who experiences Mental Health challenges.
- I also have experience working with young children in a Before and After School Holiday Programme.
- I was a guide for a Whaleswim Business in Tonga and Tahiti.
- I have experience in Aged-Care.
- I have also travelled a lot!

### I LOVE....

- Reading
- Food
- Life
- The Ocean
- Travelling to New Places
- Learning New Languages

### THE ESSENTIAL QUESTIONS!

**Question: If you could have a super power what would it be?**

- If I had a super power it would be having the power to be invisible.

**Question: If you could live anywhere else in the world where would you live?**

- If I could live anywhere it would be under the ocean! But a country - Vietnam (it's cheap and has yummy food).

**Question: What is your favourite thing about people?**

- My favourite thing about people is their authenticity and passion for what they believe in.

**Question: What is the funniest thing you have ever seen?**

- A dancing dog on YouTube!



**MINDFULL SUPPORT**  
GOOD PEOPLE. POSITIVE SUPPORT



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