



MY BACKGROUND

- Psychology Diploma
- National Diploma in Patisserie & Confectionary
- First Aid Certificate
- Qualified patisserie chef
- Youth/Rangatahi, Anxiety (disorders), Schizophrenia, Autism-Spectrum Disorder (ASD), Autistic-related catatonia, Alcohol & Drug issues, Sexual Violence, Justice system, Disability services

I LOVE....

- Sneakers
- Running
- Astronomy (space stuff)
- Mixed Martial Arts
- Hikes

Ana Pickard

SUPPORT WORKER

"You don't quit after you get beat. You pick yourself up, and you start rebuilding to accomplish your goals. You have to be a champion in all facets of life." -Daniel Cormier

THE ESSENTIAL QUESTIONS!

Question: If you could have a super power what would it be?

Time travel

Question: If you could live anywhere else in the world where would you live?

The South Island

Question: What is your favourite thing about people?

I love hearing peoples stories- how they got to where we stand today

Question: What is the funniest thing you have ever seen?

Any math problem I attempt to solve



MINDFULL SUPPORT
GOOD PEOPLE. POSITIVE SUPPORT