



# Jessica (Jess) Mear

## SUPPORT WORKER

"You can not get through a single day without having an impact on the world around you, what you do makes a difference. You just have to decide what kind of difference you will make."

(Jane Goodall)

### THE ESSENTIAL QUESTIONS!

#### MY BACKGROUND

- Teachers incredible years program
- Autism through play
- Understand behavior, responding safely
- A mum of a neurodiverse child
- 7 years Teacher aiding as learning support role.
- Working with children with neurodiversity as well as trauma

**Question: If you could have a super power what would it be?**

To help people see that they matter.

**Question: If you could live anywhere else in the world where would you live?**

The south Island because it's beautiful.

#### I LOVE....

• The gym	• Walking
• Crafts	• Cooking
• Competitive wood chopping	
• Whanau	

**Question: What is your favourite thing about people?**

Everything, who they are, their smiles, their worth and what makes who they are.

**Question: What is the funniest thing you have ever seen?**

A Baby's laugh always makes me smile



**MINDFULL SUPPORT**  
GOOD PEOPLE. POSITIVE SUPPORT