



# Sarah Johnson

## SUPPORT WORKER

"Faith is daring the soul to go beyond what the eyes see."

### MY BACKGROUND

- I hold a Level 4 Mental Health Support Work Certificate as well as a Level 4 First Line Management Certificate.
- I have over 10 years experience working within the Mental Health field as a Support Worker, a House Coordinator and a Team Leader.
- I also have 2 years experience working within Oranga Tamariki contracts providing individual packages of care for Rangatahi.
- I have two beautiful daughters. My eldest (11yrs) has an Intellectual Disability. This has provided my family and I lived experience into the diagnosis, funding and ORS educational support processes that NZ families need to negotiate and traverse on their child's behalf.

### I LOVE....

- Chocolate
- Gardening
- Shopping
- Family Time
- Learning New Things
- Coffee

### THE ESSENTIAL QUESTIONS!

**Question: If you could have a super power what would it be?**

- To be able to fall asleep anywhere, in any position and at any time of day.

**Question: If you could live anywhere else in the world where would you live?**

- Nowhere. NZ is my home.

**Question: What is your favourite thing about people?**

- That every person can teach you something either directly or indirectly. I'm interested in what I can learn.

**Question: What is the funniest thing you have ever seen?**

- Anything to do with animals doing weird things! You know those YouTube montages? Yeah, I love them!



**MINDFULL SUPPORT**  
GOOD PEOPLE. POSITIVE SUPPORT