



## MY BACKGROUND

- Bachelor of Electronic Commerce
- I have been on a beautiful journey of self discovery, increasing my knowledge on holistic health. I am passionate about gut health, healing, and supporting people who are ready to develop into their best versions of themselves.
- Previously I have worked as a project manager and event manager.
- I also previously owned a business in after school care / holidays programmes, caring for children aged 5-13 years. Some of the best wisdom I have gained about people and behaviours was in those 6 years of helping children to thrive and have fun!

## I LOVE....

- Adventures with my hubby and our 4 tamariki
- Te Taiao
- Wholesome kai
- Good energy
- Sunrise/Sunset
- Travelling

# Rion Lawrence

## RECRUITMENT

“Every connection has a life lesson”

### THE ESSENTIAL QUESTIONS!

**Question: If you could have a super power what would it be?**

To manipulate the elements

**Question: If you could live anywhere else in the world where would you live?**

Anywhere and everywhere that has nature, water and fresh homegrown kai

**Question: What is your favourite thing about people?**

Our differences, our uniqueness and our individuality, its satisfying to observe.

**Question: What is the funniest thing you have ever seen?**

Love a funny fail compilation on youtube or tiktok, too many of them to recall but I'm always cracking up in stitches



**MINDFULL SUPPORT**  
GOOD PEOPLE. POSITIVE SUPPORT